





# MARCH 2018

Visit us online for nutrition information and more!

[www.polk-fl.net](http://www.polk-fl.net) search keyword: Nutrition

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Sloppy Joe Nachos <sup>1</sup>  Romaine & Tomato Seasoned Pinto Beans Chilled Fruit	Pizza <sup>2</sup>  Steamed California Blend Popeye Salad Frozen Juice Cup
Asian Chicken Rice Bowl <sup>5</sup>  Veggie Egg Roll Stir-Fry Vegetables Fresh Fruit	Beef Stroganoff <sup>6</sup>  Corn Garden Salad Chilled Fruit	Fish Nuggets w/Cookie <sup>7</sup>  Cole Slaw Steamed Carrots Fresh Fruit	Chicken Tenders w/WW Roll <sup>8</sup>  Green Beans Fresh Veggies Chilled Fruit	Cheeseburger <sup>9</sup>  Potato Fries Baked Beans Applesauce
Spaghetti w/WG Breadstick <sup>12</sup>  Steamed California Blend Garden Salad Fresh Fruit	Turkey & Rice w/WW Roll <sup>13</sup>  Steamed Broccoli Fresh Veggies Chilled Fruit	Chicken Bites <sup>14</sup>  Corn Baked Beans Spiced Fruit	Korean BBQ Tacos <sup>15</sup>  Asian Slaw Sweet Potato Fries Chilled Fruit	Pizza <sup>16</sup>  Green Beans Popeye Salad Frozen Juice Cup
Chicken Drumsticks w/Yellow Rice <sup>19</sup>  Steamed Broccoli Fresh Veggies Fresh Fruit	Chicken Soft Tacos <sup>20</sup>  Romaine & Tomato Nacho Chips & Salsa Chilled Fruit	Baked Ziti w/WG Breadstick <sup>21</sup>  Steamed California Blend Popeye Salad Fresh Fruit	Cuban Flatbread <sup>22</sup>  Seasoned Black Beans Fresh Veggies Chilled Fruit	Cheeseburger <sup>23</sup>  Potato Fries Garden Salad Applesauce
	SPRING <sup>27</sup>		BREAK <sup>29</sup>	

Student may choose one entrée and three sides. A variety of milk is offered daily.

Menu is subject to change without notice.

A SALAD & SANDWICH CHOICE WILL BE OFFERED DAILY.

