


JANUARY 2021

Visit us online for nutrition information and more!
www.polk-fl.net search keyword: Nutrition

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
4	5 Pizza Taco Fiesta Corn Fresh Veggie Tray Fresh Fruit	6 Chicken & Waffles Baked Beans Fresh Veggie Tray Chilled Fruit	7 Meatball Sub Carrots Fresh Veggie Tray Fresh Fruit/Baked Apples	8 Cheeseburger French Fries Fresh Veggie Tray Fruit Tray/Frozen Juice Cup
11 Breaded Chicken Drumsticks w/Yellow Rice Green Beans Fresh Veggie Tray Fruit Tray	12 Ham & Cheese Stromboli Broccoli Fresh Veggie Tray Fruit Tray	13 Chicken Bites w/Cornbread California Blend Fresh Veggie Tray Fruit Tray	14 Turkey, Bacon, Ranch Flatbread French Fries Fresh Veggie Tray Fruit Tray	15 Pizza Corn Fresh Veggie Tray Fruit Tray/Frozen Juice Cup
18 NO SCHOOL 	19 Chicken Rolled Taco w/Salsa Cup Pinto Beans Fresh Fruit Tray Fruit Tray	20 Cuban Flatbread EARLY RELEASE DAY Sweet Potato Tots Fresh Veggie Tray Fruit Tray	21 Mini Calzones w/Marinara Cup Broccoli Fresh Veggie Tray Fruit Tray/Baked Apples	22 Cheeseburger French Fries Fresh Veggie Tray Fruit Tray/Frozen Juice Cup
25 Fish Nuggets w/Mac & Cheese California Blend Fresh Veggie Tray Fruit Tray	26 Shredded Beef Queso Bowl w/Cookie Black Beans Fresh Veggie Tray Fruit Tray	27 Chicken Patty Sandwich Sweet Potato Fries Fresh Veggie Tray Fruit Tray	28 Breaded Ravioli w/Cheesy Breadstick/Marinara Cup Green Beans Fresh Veggie Tray Fruit Tray	29 Pizza Corn on the Cob Fresh Veggie Tray Fruit Tray/Frozen Juice Cup

Student may choose one entrée and three sides. A variety of milk is offered daily.

Menu is subject to change without notice.

A SALAD AND SANDWICH CHOICE WILL BE OFFERED DAILY

