




NOVEMBER 2022

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cereal Toast Hard Boiled Egg or French Toast	2 Cereal Graham Cookies Cheese Stick or Sausage Gravy Biscuit Fresh Fruit/Juice	3 Cereal Toast Yogurt or Cowgirl Bread Fresh Fruit/Cupped Fruit	4 Cereal Graham Cookies Peanut Butter Cup or Egg Bite w/Toast Fresh Fruit/Juice
7 Cereal Graham Cookies Cheese Stick or Chicken & Biscuit Fresh Fruit/Juice	8 Cereal Toast Hard Boiled Egg or Waffle Fresh Fruit/Cupped Fruit	9 Cereal Graham Cookies Cheese Stick or Pizza Bagel Fresh Fruit/Juice	10 Cereal Toast Yogurt or Pancake Wrap Fresh Fruit/Cupped Fruit	11 NO SCHOOL 
14 Cereal Graham Cookies Cheese Stick or Breakfast Burrito Fresh Fruit/Juice	15 Cereal Toast Hard Boiled Egg or Mini Pancake Fresh Fruit/Cupped Fruit	16 Cereal Graham Cookies Cheese Stick or Sausage Gravy Biscuit Fresh Fruit/Juice	17 Cereal Toast Yogurt or Mini Strawberry Bagel Fresh Fruit/Cupped Fruit	18 Cereal Graham Cookies Peanut Butter Cup or Egg Bite w/Toast Fresh Fruit/Juice
21	22	23	24	25
				
28 Cereal Graham Cookies Cheese Stick or Mini Pancakes Fresh Fruit/Juice	29 Cereal Toast Hard Boiled Egg or French Toast Fresh Fruit/Cupped Fruit	30 Cereal Graham Cookies Cheese Stick or Sausage Gravy Biscuit Fresh Fruit/Juice		

Student may choose one entrée. A variety of milk is offered daily.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.



Student may choose 2 out of 3 cold items or hot item daily.
 Student may choose one or both fruits daily.

This institution is an equal opportunity provider and employer.